

WVU at Parkersburg Workforce and Community Education

OSHA Construction 10-Hour Course

**February 22 and 24, 2010
at the Workforce &
Community Education
building.**

**This is a Two-Day Course held
from 9:00 AM to 3:00 PM
You must be present both days
Cost - \$100 per person
Contact Tom Lemon @304-424-
8276 for registration**

Instructor: Carmen Shafer, CSP, CHST, CRIS is the owner of Shafer Safety Solutions, LLC. Carmen is a Certified Safety Professional, an OTI Authorized Outreach Instructor, and has over 12 years of experience in the construction industry.



This training program has been developed for Boilermakers entering or currently working in the construction industry.

This program will provide basic and comprehensive worker safety and health training that meets the requirements set forth by the OSHA Training Institute for the 10-Hour Construction Outreach Training Program. Each successful participant will be issued an OSHA 10-Hour Construction Outreach wallet card and a certificate of completion.

Upon completion, attendees will have a better understanding of hazards that are particular to the boilermaker trade within the construction industry. Serious hazards that are common to all construction activities will be emphasized. The ability to recognize, control, and eliminate common construction hazards for preventing deaths, injuries and illnesses will be emphasized.

Topics:

- Introduction to OSHA
- Personal Protective Equipment
- Fall Protection
- Electrical Safety
- Confined Spaces
- Health Hazards
- Lockout Tagout
- Equipment Hazards
- Welding and Cutting
- Hand and Power Tools
- Material Handling

